

# MAIN MENU

## HOT BEVERAGES

	Small	Regular
Espresso (1kcal/2kcal)	£2.99	£3.39
Americano (1kcal/2kcal)	£3.19	£3.39
Cappuccino (110kcal / 130kcal)	£3.69	£3.99
Latte (160kcal / 190kcal)	£3.69	£3.99
Macchiato (20kcal / 40kcal)	£3.49	£3.69
Flat White (110kcal)	£3.69	
Mocha (310kcal)		£4.19
Hot Chocolate (305kcal)		£3.99
Hot Chocolate topped with cream (565kcal)		£4.99
Vegan Hot Chocolate (305kcal)		£4.49
Chai Latte (240kcal)		£3.99
Matcha (200kcal)		£3.99
Babyccino (80kcal)	£1.49	
Pot of Tea (1kcal/2kcal)	£2.99	£5.49 for 2
Herbal Tea (2kcal/4kcal)	£2.99	£5.49 for 2

## EXTRAS

Oat (18kcal) / Soya (21kcal) / Coconut (17kcal) Zilk	40p
Coffee Shot (2kcal)	79p
Flavoured Syrup (80kcal)	79p
Sugar Free Flavoured Syrup (20kcal)	79p
Flake (85kcal) Marshmallows (50kcal) Cream (100kcal)	79p

## COLD DRINKS

Homemade Smoothies and Frappés	£4.99
Homemade Milkshakes	£4.99
Iced Coffee	£3.99
Homemade Iced Teas	£3.99
Robot Kombucha	£4.49
Frobishers / Flawsome Juices	£3.89
Mineral Water	£2.69
Flawsome Fruit Water	£1.99
Glass of Milk	£1.99
Flavoured Milk	£1.99
Coca Cola	£3.49
Diet / Zero Coke	£3.29
Sprite / Fanta	£3.29
Hartridges / Fentimans	£3.89
Appletiser	£3.89
Shandy Shack 2.8% ABV	£4.49

## BREAKFAST

**SERVED DAILY from 9.00AM - 11.30AM**  
**Sunday 10.00AM - 11.30AM**

Sausage Bap (730kcal) / Bacon Bap (480kcal)	£6.95
Open Cheese Omelette (465kcal)	£8.95
Smashed Avocado on Toast (455kcal)	£9.95
Loaded Tater Tots	from £9.95
Eggs Florentine (625kcal) / Benedict (730kcal)	£11.95
Eggs Royale (770kcal)	£12.95
Head Gardener's Breakfast (10 items)	£13.95
Assistant Gardener's Breakfast (7 items)	£11.95
Green Gardener's Breakfast (7 items)	£11.95
Breakfast Extras	£1.59

## BREAKFAST BAR

American Pancakes, Fruit Compote & Cream (610kcal)	£8.95
American Pancakes, Bacon & Maple Syrup (620kcal)	£8.95
Ham & Cheese Crobun (490kcal)	£5.95
Cereals, Fruits, Patisserie & Yoghurts	from £3.00

## HOT MEALS FROM THE SERVERY

**SERVED DAILY from 12.00PM - 2.30PM**  
**Sunday 12.00PM - 3.00PM**

## LIGHT LUNCHES

**SERVED DAILY from 12.00PM - 4.00PM**  
**Sunday 12.00PM - 3.00PM**

**PLOUGHMAN'S PLATTER** from £11.49  
Selection of ploughman's platters, baked crusty bread

## SALAD BAR

A variety of seasonal salads	
Quiche & Salad	£13.99
Quiche	£7.99
Garden Salad Bowl	£6.99

**OVEN BAKED JACKET POTATOES** from £8.49  
Salad garnish

**SOUP OF THE DAY** £7.95

Our Chefs prepare a variety of soups from fresh & seasonal produce, served with roll & butter

**TOASTED SANDWICHES** from £7.99

Salad garnish, homemade coleslaw & crisps  
Add a cup of homemade soup £3.00

**PANINIS** from £10.99

Salad garnish, homemade coleslaw & crisps  
Add a cup of homemade soup £3.00

**WRAPS** £6.99

Handcrafted wraps, freshly prepared

**FRESHLY MADE SANDWICHES** from £5.99

Served on thick white or malted wheat bloomer

## SNACKS

Basket of Chips (390kcal)	£3.99
With Cheese (500kcal)	£5.49
With Cheese & Gravy (530kcal)	£5.99
With 'Chip Shop' Curry (525kcal)	£5.99
With Cheese & Smokey Bean Chilli (720kcal)	£6.99
With Cheese & Pulled Beef Chilli (760kcal)	£6.99

Vegan Sausage Roll (165kcal)	£4.29
Homemade Sausage Roll (540kcal)	£4.99
Bacon, Chicken & Leek Pasty (745kcal)	£5.99
Cheese & Onion Pasty (745kcal)	£5.99
Vegetable Pasty (695kcal)	£6.99
Proper Cornish Pasty (675kcal)	£6.99

## AFTERNOON SPECIALS

**SERVED DAILY from 12.00PM - 4.00PM**  
**Sunday 12.00PM - 3.00PM**

Welsh Rarebit, Fried Egg or Wild Mushrooms (600kcal)	£10.95
Beer Battered Fish Finger Sandwich (650kcal)	£11.95
Tofoo Red Thai Curry, Rice, Crackers & Chilli Sauce (780kcal)	£13.95
Smokey Bean Chilli, Rice, Tortilla, Salsa & Sour Cream (820kcal)	£13.95
Macaroni Cheese, Garlic Ciabatta (900kcal)	£13.95
Scampi & Chips, Garden Peas & Lemon Wedge (610kcal)	£14.95
Cumberland Ring Sausage & Mash, Peas & Gravy (820kcal)	£14.95
Honey Roasted Gammon, Fried Egg, Chips & Peas (790kcal)	£14.95
Chicken Makhani, Rice, Poppadom, Onion bhaji, Chutney (980kcal)	£14.95
Pulled Beef Chilli, Rice, Tortilla, Salsa & Sour Cream (880kcal)	£14.95
Beer Battered Faux Fish & Chips, Mushy Peas (780kcal)	£15.95
Beer Battered Fish & Chips, Mushy Peas (850kcal)	£16.95
Add Bread & Butter (360kcal)	£1.59
Add 'Chip Shop' Curry Sauce (135kcal)	£2.00

## KID'S MENU

**SERVED DAILY from 12.00PM - 4.00PM**  
**12.00PM - 3.00PM Sunday**

Macaroni Cheese, Garlic Bread (400kcal)	£6.99
Sausage & Mash, Peas & Gravy (350kcal)	£6.99
Vegan Sausage & Mash, Peas & Gravy (330kcal)	£6.99
Popcorn Chicken & Chips, Peas or Baked Beans (300kcal)	£6.99
Vegan Fish & Chips, Peas or Baked Beans (420kcal)	£6.99
Fish & Chips, Peas or Baked Beans (450kcal)	£6.99

## Sunday Only

Kids Roast, Trimmings & Gravy £9.99

## LUNCH BOXES

Choose any 5 items  
Colouring book & wax crayons included

## HIGH TEA

Homemade sweet or savoury scones served  
with a pot of tea or regular coffee

## CREAM TEA

Sweet or Savoury £7.99

## 3 TIER AFTERNOON TEA

**SERVED from 2.30PM Monday - Saturday**

Sweet or Savoury £19.99 per head  
Add a glass of English Sparkling Wine £5.00 per head



## ALLERGIES & DIETARY REQUIREMENTS

Items marked NGCI are made without gluten-containing ingredients; however, we cannot guarantee they are completely gluten-free due to our kitchen environment. All food is prepared in a kitchen where nuts, gluten, and other allergens are present. While we take every precaution to prevent cross-contamination, traces may still occur.

Please inform a member of staff when ordering if you have any allergies or dietary requirements.

Most dishes can be adapted to be NGCI or dairy-free, please speak to the team for guidance. Vegan, vegetarian, and gluten-free items are available.