



## Gluten-Free Grains



- Rice
- Sweetcorn
- Buckwheat
- Oats
- Amaranth
- Quinoa
- Millet
- Sorghum
- Soya
- Teff

# Your Choice...

We know **choice matters**, whether it's dietary preferences or food allergies. That's why we offer **clearly labelled options** and a dedicated **Allergen Matrix**.



GFO

**Gluten-Free** – Our kitchen is actively reducing gluten, and our fryers and batter for fish and chips are completely gluten-free. Look out for our GFO logo for our daily options.



VFO

**We offer a vegan friendly option on our menu daily.**

If you have any allergies or dietary needs, please **let a team member know**. While we take every precaution to prevent cross-contamination, we prepare all dishes in the same kitchen, so we cannot guarantee the complete absence of allergens.



**Home made Bakes** – Our signature scones, cheesecakes and sausage rolls are made in-house, ensuring quality and reducing packaging waste. Look out for more homemade classics identified by the logo.